WebEx guidance/housekeeping:-

Audio:
Please use the teleconference line:

Telephone Number : 0203 651 6622 or 0800 0232036
Participant Passcode: 91474404#
If you find yourself on “mute”, please press *6 on your telephone pad to unmute

Questions
We welcome any questions that you may have, you have two options to submit a question:
Option 1. Use the Q&A/Chat function to submit a text question via the WebEx
Option 2. Dial in to the teleconference line to ask a question over the phone

Questions will answered at the end of the presentation.

Recording
For your information, this online meeting is being recorded and the recording will be made available through our website following the meeting.

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Shared Decision Making in MSK
6th February 2014

A perspective from a Patient Organisation
- Arthritis Care
Shared Decision Making

a process in which clinicians and patients work together to select tests, treatments, management or support packages, based on clinical evidence and the patient’s informed preferences. It involves the provision of evidence-based information about options, outcomes and uncertainties, together with decision support counselling and a system for recording and implementing patients’ informed preferences.”

Kings Fund 2011
Shared Decision Making

- Decisions about care and treatment:
  - Improved patient satisfaction, experience and knowledge
  - Patients make choices in line with their own needs, values and circumstances;
  - Improved clinical outcomes and safety;
  - Appropriate intervention rate/reducing unwarranted practice variation;
  - Reduced litigation costs
Shared Decision Making
policy background

• NHS Constitution – commitment to ‘ability to make choices about your NHS care and the information to support these choices’

• ‘Equity and Excellence: Liberating the NHS’: ‘no decision about me, without me’, shared decision making to become the norm

• Patient Experience Framework – shared decision making, information, communication and education
Shared Decision Making

• Requirement set out in Health and Social Care Act 2012 (sections 23 and 26)

• NHS boards and CCGs have a legal duty to promote the involvement of patients in decisions which relate to the prevention or diagnosis of illness in the patients, or their care or treatment
Shared Decision Making
What is being shared?

**Patient**
- Experience of condition
- Social circumstances
- Attitude to risk
- Values
- Preferences

**Clinician**
- Diagnosis
- Cause of illness
- Prognosis
- Treatment options
- Outcome probabilities

**Personal**

**Objective**
Patient decision aids

- evidence-based information, images /diagrams
- designed to help patients understand and consider the pros and cons of possible treatment options
- designed to encourage communication between patients and their healthcare professionals.
- available online and in paper format
Patient attitudes

- Initial information and support by GP is vital
- Day to day experience of patient and health professionals

Recovery from surgery and rehab
Vs
Early self management support
But before you get there, how do you know you have a decision to take?

welcome to:

Brief Decision Aids

• Do I have any options?

• Show benefits and risks

• Can we make a decision together that is right for me?
So what does Shared Decision Making mean to Arthritis Care?

One of our founding principles has been that

“we offer people with arthritis the information and support they need to make (informed) choices and reach their potential as full members of society”
What can and should SDM deliver for patients?

Positive Patient Outcomes

• to reduce uncertainty and record decisions
• to feel they are being listened to by HPs
• to feel a valued partner in their care plan
• to feel in control of their long term cond.
• to access their preferred treatments
• to receive effective self management
Further information on Arthritis Care?

Please contact Siobhain McCurrach, Area Development Manager, South England

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